

## Local Action Module

# FAMILY WEALTH #001

## Family Well-being as Wealth

When we think of well-being as wealth, one important element is the family. As the basic unit of society, the family has an essential role in building a healthy community. This Local Action Module provides a structure for collaborating on concrete actions to help your family and your community thrive.



## Consultation

Throughout this module, we'll be using the skills of consultation to explore concepts, look at issues from all sides, and decide on a course of action. Consultation involves both principles and process. Both are important in effective collaboration.

### PRINCIPLES

- **Oneness of humanity:** We humans are one species, one race, one human family. We are infinitely varied in our expressions—language, culture, dress and customs—but we are one people. Once we understand this, everything else flows from here.
- **Harmony and Inspiration:** Simply put, a team that respects and appreciates one another will be far more effective than one that bickers. A team whose members reach beyond themselves and are inspired by a higher vision will tap into creativity they didn't know they had.
- **Inner Work:** Group work is only half the equation. The other half is the inner work each of us must do individually to develop spiritual qualities such as patience, service, humility, etc.



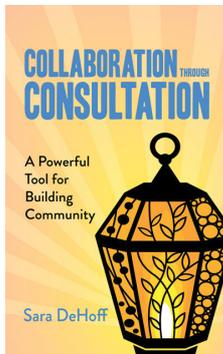
### PROCESS

1. **Express your view:** Each participant must be free to fully express his or her viewpoint. This also means listening carefully to the views of others. You never know who will come up with the next gem of wisdom.
2. **Let it go:** Once you've stated your view, let go of it completely. Now the view belongs to the group.
3. **Seek truth:** The group then explores all the different views—sorting, sifting, combining, evaluating—to arrive at the truth of the matter.
4. **Support the decision:** Not every consultation results in a decision; sometimes the aim is deeper understanding. If a group does make a decision, everyone supports it—whether they agree or not. If the decision is wrong, it will quickly become apparent, and a new decision can be made.

This module provides tools for rethinking wealth in the family. For an overview of rethinking wealth at all levels, check out our **Building Thriving Communities** module at: [OurProsperousWorld.com/Local-Action](https://OurProsperousWorld.com/Local-Action)

## Additional Resources

Learn more about consultation, rethinking wealth and family:



### **Collaboration Through Consultation: A Powerful Tool for Building Community**

This book provides more explanation of the principles and skills of consultation. Filled with stories, examples and practical tips, it provides the basis for the **Inspiration for Local Action** series. Find it at:

[OurProsperousWorld.com/Consultation](https://OurProsperousWorld.com/Consultation)

Sign up for our newsletter to get updates and new modules as they become available.



### **Family in a World Community**

"The Baha'i approach to family unity combines elements of traditional wisdom with progressive principles and practical tools. Adherence to these teachings offers a bulwark against the forces of disintegration and a framework for the creation of strong, healthy, unified families." Learn more at:

[BIC.org/statements/family-world-community](https://BIC.org/statements/family-world-community)



### **One Planet, One Habitation: A Bahá'í Perspective on Recasting Humanity's Relationship with the Natural World**

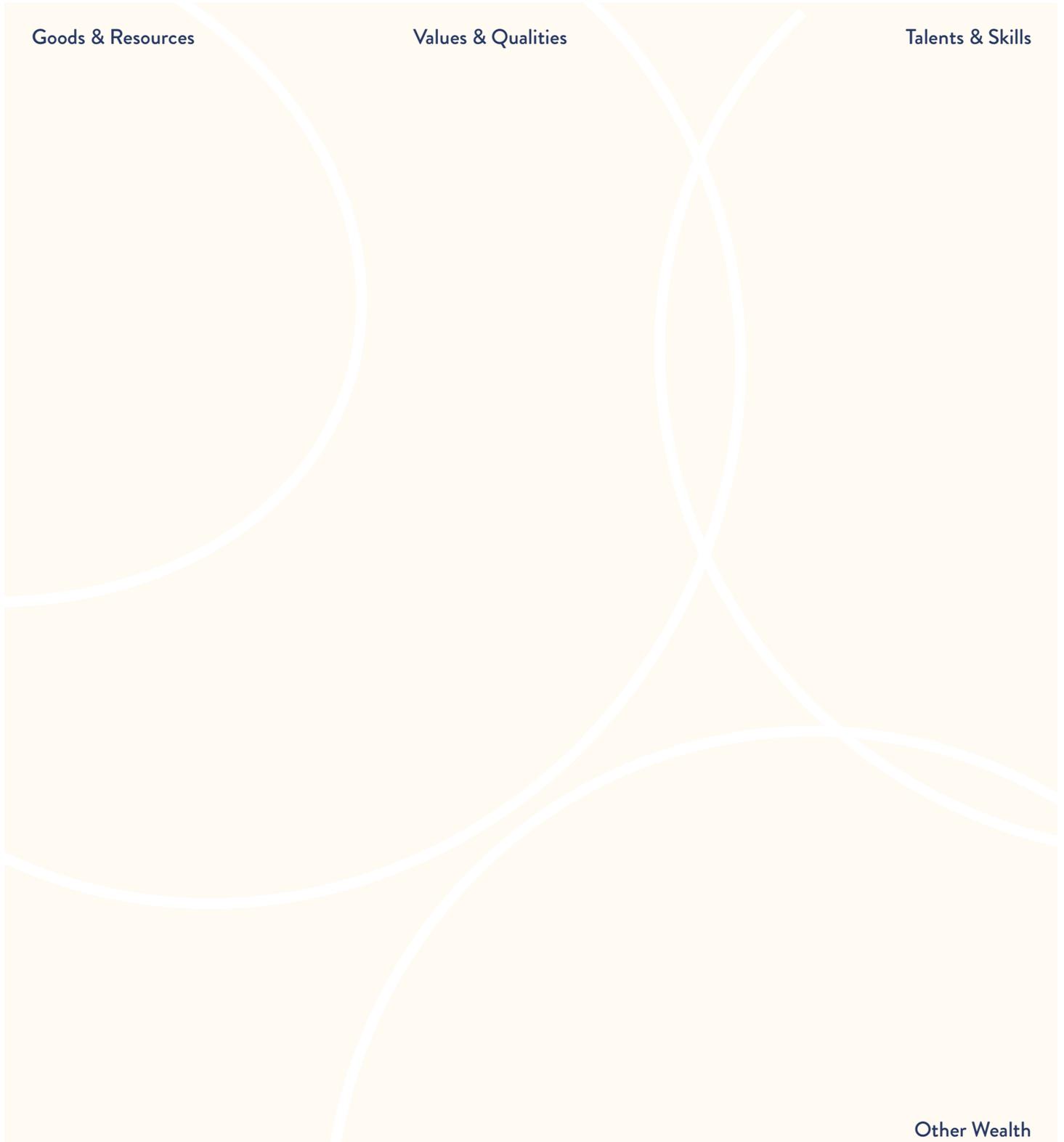
The Bahá'í International Community recently released this statement on the environment and what is needed to address the urgent issues before us. Learn more at:

[BIC.org](https://BIC.org)

If you have questions, ideas, insights, stories about using this **Well-being Economy** series, please contact us at: [info@ourprosperousworld.com](mailto:info@ourprosperousworld.com). Enjoy!

## Step 1: Read Your Reality

First, let's take look at the wealth your family already has. The first things that often come to mind are the physical things (a place to live, food, etc.). But let's also list the intangibles: your family's talents, qualities, and any other "wealths" that come to mind.

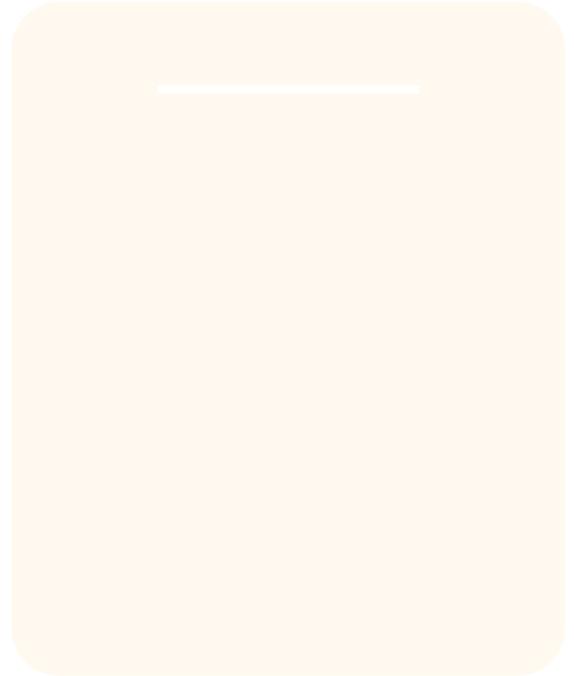
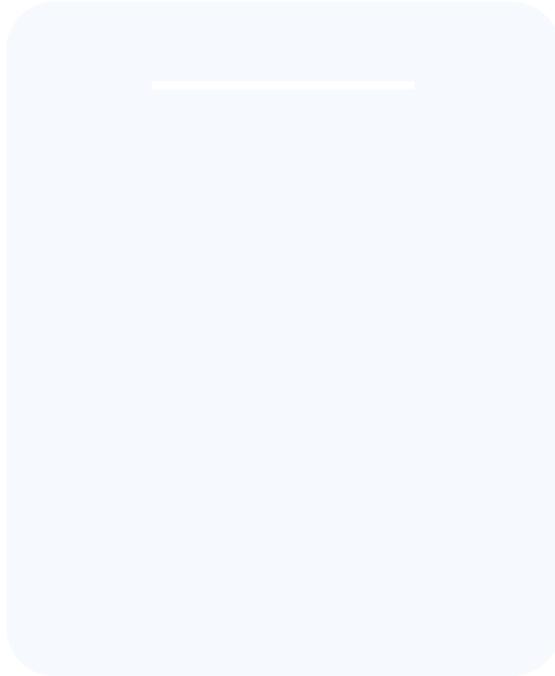


## Step 2: Explore

Now that you have a picture of your own family's wealth, let's dig deeper. What helps families thrive? Choose 4 topics and write them in the boxes below. You can choose from the lists on the left or add your own. Discuss in your group how each one benefits families.

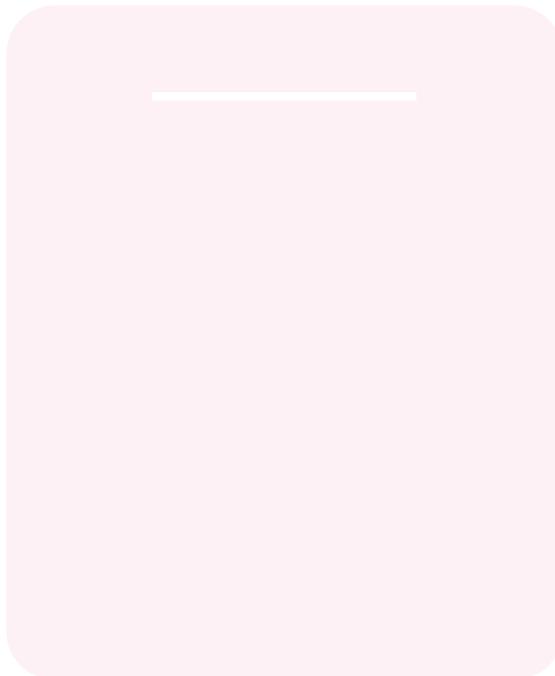
### **Family**

- Health
- Communication
- Learning
- Parents
- Children
- Extended family
- Decision-making
- Problem-solving
- Workload
- Spirituality



### **Community**

- Food
- Water
- Sustainability
- Justice
- Inclusion
- Unity
- Education & Knowledge
- Work & Employment
- Health & Healing
- The Commons
- The Arts



## Step 3: Take Action

Now that we've explored different aspects of family, what needs and opportunities have emerged? What would you like to focus on in your family? In your community?

Needs	Opportunities
Our Family	Our Community

What actions can you take in the next week to move forward?

Actions

## Step 4: Reflect

You've done a great job and now you get to take a break. Congratulations! Next, take this sheet home with you. Once you've had a chance to carry out the actions listed on the previous page, take some time to reflect together on how it went:

- What happened?
- What did you learn?
- How was your consultative process?
- What needs to happen next?

### Reflection


### Next Steps
